



Year of the Eucharist

archdiocese of new orleans

YOUTH CATECHETICAL RESOURCE PACKET

Created for:

- Catholic High School Religion Classes
 - Catholic High School Campus Ministry
 - Parish High School Religion Classes
 - Parish Youth Ministry Programs
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In this resource packet you will find . . .

- **CREATIVE IDEAS:** Our top 12 creative suggestions for celebrating the “Year of the Eucharist” with your youth.
- **LESSON PLANS ON THE EUCHARIST**
- **EUCHARISTIC ADORATION MODELS:**
 1. Adoration Service with Benediction for Teens
 2. Eucharistic Adoration Service for Teens
 3. A prayer card
- **EUCHARISTIC PRINT, VIDEO & MUSIC RESOURCES**
- **EUCHARIST PAMPHLET:** “*The Real Presence of Jesus Christ in the Sacrament of the Eucharist*” is statement of the U.S. Catholic bishops. Clear, simple format answers the 15 most frequent questions about the real presence of Jesus Christ in the Eucharist.
- **RESOURCES HONORING DEVOTION TO BLESSED PIER GIORGIO FRASSATI**
 1. Prayer Card
 2. Short Biography of Blessed Frassati
 3. Eucharistic Adoration Service
 4. Additional Resources

Creatively Celebrating

THE YEAR OF THE EUCHARIST

In the gospel of John, we see John the Baptist, before two of his own disciples, point out Jesus as “the Lamb of God” (John 1:36). Those disciples leave the Baptist and follow Jesus, converse with him, and spend the rest of the day with Christ (John 1:39). The very next day, one of those disciples, Andrew, immediately goes to his brother, Peter. What does he do? He does not TELL him about Christ – “He brought him to Jesus” (John 1:42). We must teach about the Eucharist, as well as make every invitation and opportunity for our youth to MEET Jesus in the Eucharist. How can we do that? Here are our “**Top 12 Ideas**” for creatively enhancing the Year of the Eucharist and its relevance in the lives of teenage Catholics in the whole Archdiocese. Feel free to use these ideas exactly as they are or to allow them to help you think creatively as you build a new idea that will work for your students. You know your students, so do what will work best for them!

- 1. RETREATS:** Tailor your student and faculty retreats towards teaching about and experiences of the Eucharist.
- 2. SPEAKERS:** Invite a speaker from the area to do a special, well-publicized talk on the Eucharist. Consult the Office of Religious Education for a list of possible speakers.
- 3. ART PROJECTS:** Blend solid catechesis with a cross curricular art project. Coordinate the project with the art teachers and religion teachers together. Have each religion class in your school do a class presentation on different aspects of the Eucharist. Let them present them all in a special “Eucharistic Exhibit” of the school art fair.
- 4. CORPUS CHRISTI MASS:** Plan a special Mass and actual outside procession for the feast of Corpus Christi. Have a special procession with a symbol from each parish organization on the Feast of Corpus Christi. This special procession from the back of church to the foot of the altar could be held during the Mass, offering all the gifts and talents of the entire parish to Our Eucharistic Lord. If the summer date of this feast is incompatible with your plan, choose a different date but create an all-out, super-special Eucharistic celebration!

- 5. PRAYER & POETRY PROJECT:** Let the English Department of the school design a special cross-curricular project with the religion classes by doing a Prayer Poetry Project. Incorporate contemplation, exploration or explanation of “Laud O Zion,” “Pange Lingua,” “Tantum Ergo,” “O Salutaris,” or other such hymns and prayers in a new and passionate way at Mass or in class, then let students read their best poems at the close of a Eucharistic celebration.
- 6. THE PASSION OF THE CHRIST:** Set up a special showing of “The Passion of the Christ” (it is now available on DVD and VHS). (IMPORTANT NOTE: Because it is “R” rated, it is necessary to give parental notification and receive parental permission before showing this movie to teenagers.) After watching the film, celebrate the Mass – conjoining the visual depiction of the one-time, bloody sacrifice, with the perpetual “unbloody” sacrifice of the Mass. Or, follow the film with a time of Adoration and Reconciliation. Or conduct a short post-film presentation on all the Eucharistic elements of the film, using the movie as a springboard for catechesis. Use this opportunity to have youth reflect on the Eucharist as “sacrifice,” also asking the Lord to show them how they can be empowered by the Eucharist to imitate Christ in daily sacrifices and redemptive suffering. For more ideas, go to www.dumboxproductions.com and download the free, 8-page guide, “Ideas for Bringing Your Teens to the Passion”.
- 7. EUCHARIST WEB SITE:** Direct your students to the Archdiocesan web site, where there is a special page dedicated to “The Year of the Eucharist” at: <http://www.archdiocese-no.org/eucharist>. There are multiple links to catechetical articles on the Eucharist, Church documents, and links to personal stories of Eucharistic faith. You can also find video clips of Archbishop Hughes’ teaching on the Eucharist, as well as numerous Eucharistic reflections (some are written by students), an event calendar for our area, and plenty of other useful Eucharistic resources.
- 8. SMALL SIGN OF REVERANCE:** Add a small sign of reverence for Christ in the Eucharist by informing your youth that you will adhere to an additional minute of silent reflection after Communion, before the final blessing.

9. CREATIVE, MULTIMEDIA MIRACLES: Get the youth group or high school religious education class to put together their own creative, catechetical and/or testimonial video or PowerPoint presentation about a Eucharistic miracle of the past. Encourage them to explore the miracle’s effects on their own faith. Show their presentations after all Masses on Corpus Christi Sunday (or some other designated Sunday). Advertise this event in the bulletin and be sure that young people are present as they creatively express their faith. For more information, go to the following web sites:

- A.) <http://www.cmns.mnegri.it/miracolo/welcome.html> Contains basic information regarding the miracle at Lanciano that occurred around the year 700 AD, including synopsis of scientific findings regarding the miracle. Also available at this site are multiple photographs and a “virtual museum”.
- B.) <http://www.therealpresence.org/eucharst/mir/bolsena.html> – Contains basic information about the miracle at Orvieto, Italy that occurred in 1263 AD.
- C.) <http://www.archdiocese-no.org/eucharist> – Official resource site for the Year of the Eucharist in the Archdiocese of New Orleans. It contains many resources, as well as links to other sites about Eucharistic miracles.

10. EUCHARISTIC DRAMA: Use one of the Eucharistic miracles as the backdrop for a script for one of the school’s plays. Synthesize faith and art! You could commission your students to write a short one-act play, or you could commission the English and Religion chairs in a high school to designate a student or two who could write one.

11. SPEECH OR ESSAY CONTEST: Hold a persuasive speech (or essay) competition at your high school or parish, answering a question like, “If God is so big, how does He fit all of himself into what *appears to be* a tiny piece of bread? And if he really fits in there, how does the God-filled Eucharist fill us?” Read the best answers or have the best speeches presented after all the Masses one weekend or during Morning Prayer at your school.

12. ALL-DAY ADORATION: Set up a special day or week of adoration for the youth of your school or parish. Two students could go at a time, all day long throughout the day, while different teachers or adults would be assigned one-hour shifts as the students visit Jesus. See the *Order for the Solemn Exposition of the Holy Eucharist* for a weeklong model of adoration based on the Forty Hour Devotion.

HIGH SCHOOL LESSON PLAN # 1

GOAL: Understanding and reverencing the Real Presence of Jesus Christ in the Eucharist

PREPARATION:	<ul style="list-style-type: none"> • Scripture for Memory – John 6:56 “Whoever eats my flesh and drinks my blood remains in me and I in him.” • Prayer: <i>Prayer for the Year of the Eucharist</i> (see Special Year of the Eucharist Prayer Card enclosed in resource packet)
PROCLAMATION:	<ul style="list-style-type: none"> • The student will be able to... <ol style="list-style-type: none"> 1. demonstrate understanding of Jesus’ Real Presence in the Eucharist 2. define and demonstrate understanding of the term <i>transubstantiation</i> 3. express and practice appropriate signs of reverence with respect to the Body and Blood of Christ
EXPLANATION: ↓ <u>Teacher’s Notes Here</u> ↓	<p>This lesson draws heavily from <i>The Real Presence of Jesus Christ in the Sacrament of the Eucharist</i> (USCCB Pamphlet – a copy of which can be found in this resource packet).</p> <ul style="list-style-type: none"> • Real Presence: CCC #1374, 1375, 1381, 1413 – John 6:51-58 <i>Main Points:</i> The whole Christ is truly present – Body, Blood, Soul, and Divinity – under the <i>appearances</i> of bread and wine. • Transubstantiation: CCC #1376, 1377, 1413 – Matt 26:26-28; 1 Corinthians 11:23-25 <i>Main Points:</i> In the act of consecration of the Eucharist, the Substance of the bread and wine is changed into the substance of the Body and Blood of Jesus Christ. • Signs of Reverence: CCC #1355, 1378, 1379, 1452, 1418 1 Corinthians 11:27-29 <i>Main Points:</i> Traditional practices include the sign of the cross, Genuflection, quiet tone and demeanor, fasting for an hour before Receiving communion, and confession if in the state of mortal sin.
APPLICATION:	<ul style="list-style-type: none"> • Activities: <ol style="list-style-type: none"> 1. Divide the class into 15 small groups. Assign each one of the 15 questions posed in the USCCB document noted above. Invite each group to prepare a summary and/or oral report on their assigned question. 2. Word Scramble: See attached sheet. Duplicate for students.
CELEBRATION:	<ul style="list-style-type: none"> • Prepare and celebrate one of the Eucharistic Adoration Models found in this resource packet. Bring students to the chapel or church for this prayer experience.
ASSESSMENTS:	<ul style="list-style-type: none"> • Group Summary or Oral Report • Word Scramble
MATERIALS:	<ul style="list-style-type: none"> • <i>Holy Bible</i> • <i>Catechism of the Catholic Church</i> • <i>The Real Presence of Jesus Christ in the Sacrament of the Eucharist</i> (USCCB)
ASSIGNMENTS:	<ul style="list-style-type: none"> • Interview three Catholics about their beliefs regarding the Real Presence. • Next Sunday in your parish, observe and record various signs of reverence demonstrated by parishioners during Mass and/or Adoration.

HIGH SCHOOL LESSON PLAN #2

GOAL: Understanding the origin and movement of the liturgical celebration of the Eucharist

<p>PREPARATION:</p>	<ul style="list-style-type: none"> • Scripture for Memory – Luke 22:19 “And he took bread, and when he had given thanks he broke it and gave it to them, saying “This is my body which will be given up for you. Do this in remembrance of me.” • Prayer: <i>Prayer for the Year of the Eucharist</i> (see Special Year of the Eucharist Prayer Card enclosed in resource packet)
<p>PROCLAMATION:</p>	<ul style="list-style-type: none"> • The student will be able to... <ol style="list-style-type: none"> 1. demonstrate understanding of Christ’s institution of the Sacrament of the Eucharist 2. demonstrate understanding of the Liturgy of the Word and Liturgy of the Eucharist as “one single act of worship” 3. demonstrate understanding of various parts of the Mass
<p>EXPLANATION:</p> <p>↓Teacher’s Notes Here↓</p>	<ul style="list-style-type: none"> • Christ Institutes the Eucharist: CCC #1337-1340 – Lk 22:7-20; Mt 26:17-29; Mk 14:12-25; 1 Cor 11:23-26 <i>Main Points:</i> The Church’s celebration of the Eucharist is a Continuation of a gift <i>instituted by Christ</i> at the Last Supper. Christ Remains with us in this way, ensuring that we are never alone. Christ fulfills, in the Eucharist, the Jewish Passover, and gives it full meaning. He commands us to celebrate his own life, death and resurrection “until he comes” – this is what we do at every Eucharistic celebration. • Liturgy of the Word & Liturgy of the Eucharist: CCC # 1342, 1345,1346 1397 – Lk 24:13-35 <i>Main Points:</i> The two “great parts” of the Mass form a “fundamental unity” that was exhibited by Christ on the Road to Emmaus. These two parts form “a single act of worship” and this basic form has been preserved through the centuries unchanged. • Parts of the Mass: CCC #1326, 1342, 1348-1355, 1353, 1397, 1408 1 Thess 2:13, 1 Tim 2:1-2 <i>Main Points:</i> The Liturgy of the Word includes the <i>gathering, Readings, homily and general intercessions</i> while the Liturgy of the Eucharist includes the <i>presentation of the bread and wine, the Consecratory thanksgiving and communion</i>. The Eucharistic prayer leads us to the “heart and summit of the celebration” when the faithful receive the Body and Blood of Christ in Holy Communion.
<p>APPLICATION:</p>	<ul style="list-style-type: none"> • Activities: <ol style="list-style-type: none"> 1. Plan-A-Mass Project: Break students into teams of 2 to “plan” a Mass by selecting a theme, selecting readings that follow the theme, writing a suggested homily, writing the prayers of the faithful, and selecting music for the Mass. Of course, it must be explained that this is merely an exercise to help the students understand; laity do not “create” Masses or give homilies etc. 2. Journal Topic: Have students reflect on what it would have been like to be at the Last Supper. Who is there? What elements are the same as in our Mass today? What things are different?

CELEBRATION:	<ul style="list-style-type: none"> • Take students to the school chapel for an explanatory session of objects/instruments of worship that are in the sanctuary and on the altar. • Use class-written general intercessions at the next school-wide/parish Mass.
ASSESSMENTS:	<ul style="list-style-type: none"> • Plan-A-Mass Project • Written Prayers of the Faithful • Quiz • Comparison List from St. Justin Martyr’s Writing (see assignment below)
MATERIALS:	<ul style="list-style-type: none"> • <i>Holy Bible</i> • <i>Catechism of the Catholic Church</i>
ASSIGNMENTS:	<ul style="list-style-type: none"> • Continue Plan-A-Mass Project at home – due at the end of the week. • Read handout from St. Justin Martyr’s teaching on the Eucharist, making a list of at least 5 connections/comparisons to our own modern day Mass. Part of Justin’s writing is in the Catechism of the Catholic Church paragraph 1345. Students can read the fuller context of Justin’s writing about the Eucharist by going online to read what this second century saint has to say: http://www.eucharisticlife.com/ELimages/Timeline/200/Justin.html

HIGH SCHOOL LESSON PLAN #3

GOAL: Understanding the Eucharist as the New Passover and as a sacrificial memorial of Christ and of his body the Church.

<p>PREPARATION:</p>	<ul style="list-style-type: none"> • Scripture for Memory – Is 53:7 “He was oppressed and he was afflicted, yet he opened not his mouth; like a lamb that is led to the slaughter...” • Prayer: <i>Prayer for the Year of the Eucharist</i> (see Special Year of the Eucharist Prayer Card enclosed in resource packet)
<p>PROCLAMATION:</p>	<ul style="list-style-type: none"> • The student will be able to... <ol style="list-style-type: none"> 1. identify and connect key OT passages with NT passages that show the Eucharist as the New Passover 2. explain that the Eucharist re-presents for us Christ’s one single sacrifice at Calvary as an efficacious sacrificial memorial 3. demonstrate an understanding of the Church’s participation (as Body) in the offering of Jesus (her Head) at the Paschal Banquet here and in the heavenly liturgy as directed to communion with Jesus and others
<p>EXPLANATION:</p> <p>↓Teacher’s Notes Here↓</p>	<ul style="list-style-type: none"> • New Passover: CCC #1339, 1340, 1341 – Ex 12 & 13:8-10; Gen 22:1-19; Is 53:2,7; Lk 22; 1 Cor 5:7-8 & Jn 6:53 <i>Main Points:</i> In the OT the Father acted as priest and used a male, unblemished lamb for sacrifice on Passover; whole lamb had to be eaten. Eating the lamb brought the Jews back to participate in the First Passover, and reminded them of what the Lord did for them in Egypt. In the NT Jesus acts as priest and the lamb. Jesus commands us to celebrate the Lord’s Supper; he Himself is the New Lamb and the Eucharistic Liturgy is the New Passover. • Efficacious Sacrificial Memorial: CCC #1325, 1330, 1364 -1367 <i>Main Points:</i> The Eucharist re-presents and makes real for us the single sacrifice of Christ on the cross at Calvary. The Mass acts as a perpetual and efficacious sacrament where Christ offers himself to the Father on our behalf. The Eucharistic Memorial makes this sacrifice present to us and applies its fruit and gives us life.
<p>APPLICATION:</p>	<ul style="list-style-type: none"> • Activities: <ol style="list-style-type: none"> 1. “CAT-Fishing for Jesus”: Set the students on a “timed” search through the Catechism (#1328-1332) to “fish out” 10 major names for the Eucharist (Sacrifice of the Mass, Divine Liturgy, Lord’s Supper, etc.) Then write each term on a scrap of paper and put them in a grab bag where students can “fish them out” with their hands. Then students can act out a charade from their desk using their term and other students can guess the name of the acting students “CAT-Fish.” 2. Seder Meal: Assign students to bring different materials and foods and to practice their own respective roles in order to have a seder meal, during which you can make connections from the Old Passover to the New Passover of the Eucharist. Use Jewish music, the actual readings and responses, and let the students get a real “taste” of what Passover is all about.

CELEBRATION:	<ul style="list-style-type: none"> • Prayerfully light a candle and allow each student to “give thanks” (“eucharistia”) for the good things in their lives that God has given them. • The Seder Meal, with an adaptation of prayers incorporating the fulfillment of the First Passover in Christ’s Sacrifice and perpetuated in the Eucharistic liturgy, could serve as both <i>application</i> and <i>celebration</i>.
ASSESSMENTS:	<ul style="list-style-type: none"> • Participation in Prayer and Thanksgiving • Preparation for and participation in the Seder Meal
MATERIALS:	<ul style="list-style-type: none"> • <i>Holy Bible</i> • <i>Catechism of the Catholic Church</i> • <i>For help with creating your Seder Meal, you may want to consult a Jewish friend or go to the following web site for the specifics of the foods and the rituals of the Seder Meal (scroll down to find the most useful info):</i> http://www.ewtn.com/library/FAMILY/HOLYTHUR.HTM
ASSIGNMENTS :	<ul style="list-style-type: none"> • Review notes for upcoming quiz. • Assign students various tasks and errands to prepare for the Seder Meal. • Assign a reflection paper or journal assignment where students note their own connections between the First Passover Meal and the Eucharistic Liturgy.

HIGH SCHOOL LESSON PLAN #4

GOAL: Understanding the Eucharist as the “source and summit” of the Christian life and worthy of our adoration.

<p>PREPARATION:</p>	<ul style="list-style-type: none"> • Scripture for Memory – John 6:53 “Truly I say to you unless you eat the flesh of the son of man and drink his blood you do not have life within you.” • Prayer: <i>Prayer for the Year of the Eucharist</i> (see Special Year of the Eucharist Prayer Card enclosed in resource packet)
<p>PROCLAMATION:</p>	<ul style="list-style-type: none"> • Administer a short review quiz on the Eucharist topics covered so far. • The student will be able to... <ol style="list-style-type: none"> 1. recognize and explain the Eucharist as the “source and summit of the Christian life” and the “sacrament of sacraments” in our faith 2. analyze the personal implications of the Eucharist being realized as the center of the students’ life 3. demonstrate understanding of the reasons for and benefits of Eucharistic Adoration
<p>EXPLANATION:</p> <p>↓Teacher’s Notes Here↓</p>	<ul style="list-style-type: none"> • Source and Summit: CCC # 1324, 1327, 1211, 1392 <i>Main Points:</i> Jesus remains with us in all the sacraments, but in a particularly powerful way in the Eucharist – thus all the other sacraments are ordered towards the Eucharist, their end. The height and depth – the sum and summary of our faith is found in the Eucharist. It preserves, increases and renews grace in our lives and supplies the Christian life with needed nourishment. • Adoration of the Eucharist: CCC #1380, 1418 <i>Main Points:</i> The Church and the world needs Eucharistic worship, and thus, as individuals, so do we. It is fitting and a proper display of our interior gratitude to show Christ our openness to his life and love by meeting him in adoration and contemplation before the Blessed Sacrament.
<p>APPLICATION:</p>	<ul style="list-style-type: none"> • Activities: <ol style="list-style-type: none"> 1. Poetically Wrap It Up: Using one of their favorite Eucharistic names/concepts (from the previous lesson) for the main theme, assign students to write a lyrical poem, prayer, or song. Encourage them to look through the Catechism for theological ideas and key words to spin into lyrics connecting Eucharistic theology to real life. To get students excited, create a contest for a small prize or bonus points. 2. Eucharistic Signs in Our World: Students look through old newspapers and magazine articles and then “cut and paste” to create a collage or picture of Eucharistic signs. It would be good to show an example you have done. This project helps students connect the Eucharist to the “real world” of their lives. It may be easiest and most enjoyable for the students to do this assignment in groups. Afterwards, you may want to put the best projects on display in your classroom.

	<p>3. Verso l'Alto: These words, Italian for “Toward the Top,” were written by Blessed Pier Giorgio on a picture of himself climbing a mountain. (More information on Blessed Pier Giorgio – who was very Eucharistic- is available in this packet.) For this activity, ask the students to use their journals to list all of the things in their lives that are important to them. Then ask them to prioritize them by numbers 1 standing for the person, thing or idea that they cannot live without, 100 for the person, thing or idea they hope to lose in the next hurricane. Finally, ask them to place the Eucharist honestly in their list, numbering it twice – one for the place where it now stands in their life, and once again for where they want it to stand in their life. Remind them of the words “Source and Summit.” At the end of each quarter of the year, challenge them to look back at their list to again number their priorities, seeing how far the Eucharist has climbed on their list “Verso l'Alto” – “Toward the Top” of things that they treasure most. Close this exercise by having the students copy Matthew 6:21 into their journals: <i>“For where your treasure is, there your heart will be also.”</i></p>
CELEBRATION:	<ul style="list-style-type: none"> • Allow the students to perform their Eucharistic poems/prayers/songs in class. • Take students to the Chapel for a time of silent adoration and guided meditation before the Blessed Sacrament.
ASSESSMENTS:	<ul style="list-style-type: none"> • Quiz • Written and Performed Poem/Prayer/Song • Exhibition of reverence or lack-of reverence when before Christ in Adoration • “Eucharistic Signs” projects
MATERIALS:	<ul style="list-style-type: none"> • <i>Holy Bible</i> • <i>Catechism of the Catholic Church</i> • <i>Newspapers, magazines, scissors, glue, construction paper</i>
ASSIGNMENTS :	<ul style="list-style-type: none"> • Read or perform the student’s prayer/poem/song for at least one of his parents, and then note in a paragraph their parents’ thoughts and understanding about the Eucharist. • Review notes for Eucharist TEST next week.

HIGH SCHOOL LESSON PLAN #5

GOAL: Understanding the fruits of communion with God and man through the Eucharist as the Paschal Banquet.

<p>PREPARATION:</p>	<ul style="list-style-type: none"> • Scripture for Memory – 1 Corinthians 10:17 “Because there is one bread, we though many, are one body because we all partake of the one bread.” • Prayer: <i>Prayer for the Year of the Eucharist</i> (see Special Year of the Eucharist Prayer Card enclosed in resource packet)
<p>PROCLAMATION:</p>	<ul style="list-style-type: none"> • Administer a Scripture Memory Quiz of verses given so far • The student will be able to... <ol style="list-style-type: none"> 1. recognize and explain that the principal fruit of receiving the Eucharist is that it brings us into closer communion with Christ 2. identify the Eucharist as the unifying agent of the Church as the Mystical Body of Christ and name other fruits of this sacrament 3. list the requirements for receiving communion and explain how the Eucharist both gives us a taste of and joins us to the heavenly banquet
<p>EXPLANATION:</p> <p>↓<u>Teacher’s Notes Here</u>↓</p>	<ul style="list-style-type: none"> • Fruits of Communion: CCC # 1391, 1394, 1395, 1396, 1397, 1399, 1416 <i>Main Points:</i> As receiving the Eucharist draws us into closer Communion with Christ, it also forgives venial sins and helps preserve us from grave sin. The Holy Eucharist unites the faithful into one body, the Church. Holy Communion commits us to the poor and also joins the Eastern Churches, though not in full communion, to us in closest intimacy. • Paschal Banquet: CCC #1344, 1402, 1419 <i>Main Points:</i> The Church obliges us to take part in this banquet on Sundays and feast days; receiving Eucharist is mandated once per year. Participation in this sacrament calls for being in a state of grace, as well as observing the required fast, dressing and acting appropriately. Our participation is at the table of the Lord that expresses both sacrifice and communion. The Church faithful, through the Eucharistic banquet, proceed closer and closer to the heavenly banquet, and experience through the Eucharist an “anticipation of the heavenly glory.” Even now, participation in the Paschal Banquet unites us to the Church in heaven and all of the saints.
<p>APPLICATION:</p>	<ul style="list-style-type: none"> • Activities: <ol style="list-style-type: none"> 1. Communion Puzzler: Draw a picture (or find one) of a large host and chalice and photocopy it onto card stock. On the reverse side, randomly write the names of many ethnic groups, various countries and Christian denominations. Cut them into puzzle pieces. Make a few sets of these puzzles and have students race to piece the various groups back together again. When they struggle, have them turn the pieces over and use the Eucharistic picture to reconfigure the pieces instead. The obvious point: unity through the Eucharist. 2. The Lamb’s Supper: Explore the book of Revelation, helping students to see saints and angels participating in the Paschal Banquet of the heavenly liturgy. Assign passages to groups of students; have them analyze and report back to the class with comparisons between the heavenly liturgy and elements of our earthly Eucharist.

CELEBRATION:	<ul style="list-style-type: none"> • Gather students in a circle, and place a cross on the ground in the center of the circle. The prayer circle should now roughly resemble an Eucharistic host. Lead a prayer asking that through Christ the Eucharist, the class, school, parish, Church, nation and world would be united. Allow each student to offer his or her own prayer or petition, if desired. Close the prayer by asking that through our participation in the Paschal Banquet all may be transformed into the sign, symbol and reality of Christ’s love to our families and the world.
ASSESSMENTS:	<ul style="list-style-type: none"> • Scripture Memory Quiz • Participation in Lamb’s Supper class activity • Eucharist TEST given next week
MATERIALS:	<ul style="list-style-type: none"> • <i>Holy Bible</i> • <i>Catechism of the Catholic Church</i> • <i>The Lamb’s Supper</i> by Scott Hahn (a resource for help with the class activity)
ASSIGNMENTS :	<ul style="list-style-type: none"> • Communion of Saints: Assign a small research project to have students identify and do a short report on saints who were deeply affected by and extremely devoted to the Eucharist. Challenge students to find evidence that their saint attended daily Mass, had a profound experience during Mass, or wrote extensively about the Blessed sacrament. (ie: St. Padre Pio, St. Thomas Aquinas, St. Margaret Mary, St. Teresa of Avila, St. Peter Julian Eymard etc.) • Optional Assignment Challenge: Invite someone who has either fallen away from the faith or someone who does not normally go to church to attend Mass or Adoration with you this upcoming weekend. • Study for TEST next week

EUCHARISTIC WORD SCRAMBLE

1. lare cerspnee _____
2. turicashe _____
3. siboniatturnastnita _____
4. darbe dan newi _____
5. necotsnicora _____
6. lyho mimconnuo _____
7. ldbsease tenasmacr _____
8. rocuse nad mistum _____
9. loyh crifasiec fo het sams _____
10. yodb nad lodob fo tricsh _____
11. sheturaci sa mavitcui _____
12. beatraclen _____
13. shaclap tryesym _____
14. adreb fo fiel _____
15. triucsaheci dratanioo _____

EUCHARISTIC WORD SCRAMBLE

ANSWER SHEET

1. Real Presence
2. Eucharist
3. Transubstantiation
4. Bread and Wine
5. Consecration
6. Holy Communion
7. Blessed Sacrament
8. Source and Summit
9. Holy Sacrifice of the Mass
10. Body and Blood of Christ
11. Eucharist as Viaticum
12. Tabernacle
13. Paschal Mystery
14. Bread of Life
15. Eucharistic Adoration



Year of the Eucharist

archdiocese of new orleans

EUCCHARISTIC ADORATION MODELS

The ordinary minister for Exposition of the Eucharist is an ordained priest or deacon. In the absence of a priest or deacon, or if they are lawfully impeded, an acolyte or another extraordinary minister of communion may publicly expose or later repose the Holy Eucharist for the adoration of the faithful. (Order for the Solemn Exposition of the Holy Eucharist)

The following two Eucharistic Adoration models have been especially designed for youth. Before offering these frameworks for Eucharistic Adoration, they should be planned and approved in collaboration with your pastor or school chaplain.

Eucharistic Exposition and Benediction with Evening Prayer

This particular model may be used in a variety of ways: during a youth retreat; in conjunction with a reconciliation service; as part of a youth group night; as part of the parish high school catechetical program; as a school Eucharistic prayer service. Feel free to use other psalms, psalm prayers, and scripture readings.

A. Introduction: Song or Hymn

B. Adoration

1. Psalmody (*Recited or Sung*)

a. Psalm 141

b. Psalm Prayer:

Let us pray. Lord, Our God, the death of your Son, Jesus, won the ultimate victory for us. As He gave everything he had as a gift to you, may our entire lives be pleasing in your sight. We pray this in the name of Jesus Christ, Our Lord. Amen.

c. Psalm 66

d. Psalm Prayer:

Let us pray. Almighty God, through our baptism, we have been given a share in the victory of your Son, Jesus. Through our baptism, we have been given the gift of the Holy Spirit to bring us salvation and comfort. Through our baptism, may we share with

the world the source of our hope and joy. We ask this through Jesus the Christ. Amen.

2. Reading: 2 Timothy 4:1-8
3. Homily (optional)
4. Period of Silent Reflection
5. Cantic of Mary: **Luke 1:46-55** (*Recited or Sung*)
6. Intercessions:

In Christ Jesus, we have won the race and fought the good fight. In confidence that we will reign with him as victors, let us cry out, *Lord, bring us to salvation.*

- For the Church, may it faithfully speak the Gospel of freedom, we pray...
- For the world, may it be set free from every form of evil, we pray...
- For those who labor, may their work benefit themselves and others, we pray...
- For all of us gathered here, may we acknowledge our accomplishments and be prepared for the work that lies ahead, we pray...
- For our friends and family, may you return to them the love and support they have given to us, we pray...

Dear God, we come to You with hearts overflowing with joy. We have experienced your help and know it is a sign of your everlasting love for us. Allow us to share our joy with those who are in need of hope. We ask this through Christ, Our Lord. Amen.

C. Benediction

1. Song or Hymn
2. Prayer:

Lord, give to our hearts the light of faith and the fire of love, that we may worship in spirit and in truth Our God and Lord, present in this sacrament, who lives and reigns for ever and ever. Amen.

3. Blessing

May the Lord bless us, protect us from everything that is evil, and bring us to the joy of heaven. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

D. Conclusion: Song or Hymn

Eucharistic Service of Prayer and Praise

This particular model may be used during a “youth hour” as part of a parish’s scheduled time of Eucharistic Adoration.

1. Incense and Opening Song

2. Opening Prayer

Let us pray. Almighty and eternal God, in Christ your son, you have shown your glory to the world. Guide the work of your Church: help it to proclaim your name, to persevere in faith and to bring your salvation to people everywhere. We ask this through Christ, Our Lord. Amen.

3. Liturgy of the Word

A. Reading: **Philippians 4:4-13**

B. Silence

4. Praise and Intercession

A. Song

B. Silent Prayer

C. Intercessions or Litany

In thanksgiving, let our prayers and requests be known to God, whose peace guards our hearts and guides us on the right path. Our response to each prayer will be: *Son of justice, hear our prayer.*

- For gentleness and peace in the hearts of our school, community, and church leaders, we pray...
- For patience and love in relationships between family members, friends, and teachers, we pray...
- For peace in all countries and all peoples torn by war and violence, for an end to killing in the name of prejudice and pride, we pray...
- For comfort to all who suffer from physical or mental illness, abuse or violence, we pray...
- For eternal peace for those who have died this day, we pray...

God of compassion, as we strive to be people of peace and love in our world, hear and answer the prayers we have laid before you and grant us your peace through Christ Jesus, Our Lord. Amen.

(Note: the Litany of the Holy Eucharist can also be used.)

5. Lord’s Prayer

6. Closing Song or Hymn

EUCCHARISTIC SONG/MUSIC RESOURCES

(Divided by Music Type)

Traditional/Liturgical/Latin

1. *Adoro Te Devote (Thomas Aquinas)*
2. *Be Thou My Vision (Ancient Irish)*
3. *Bread of Life*
4. *Christ, Be Our Light*
5. *Holy God We Praise Thy Name*
6. *I Am the Bread of Life*
7. *Laudate Dominum*
8. *O Come All Ye Faithful*
9. *O Salutaris Hostia/Saving Victim (Thomas Aquinas)*
10. *Pange Lingua (Thomas Aquinas)*
11. *Panis Angelicus (Thomas Aquinas)*
12. *Sacris Solemnis (Thomas Aquinas)*
13. *Tantum Ergo/Down in Adoration Falling (Thomas Aquinas)*
14. *This Is Jesus*
15. *We Are One Body (Dana)*

Reflective/Meditation

16. *Before You Now*
17. *Behold the Lamb (Russ Taff)*
18. *Canticle of Daniel (John Angotti)*
19. *Come, Worship the Lord (John Michael Talbot)*
20. *I am the Bread of Life (John Michael Talbot)*
21. *Only You (Martin Doman)*
22. *Peter's Canticle (John Michael Talbot)*
23. *Psalm 63: My Soul is Thirsting (Steve Angrisano)*
24. *Refiner's Fire (Brian Doerksen)*
25. *Refine Me (Jennifer Knapp)*
26. *Song of Augustine (Martin Doman)*
27. *The Cup of Life Outpoured (Jim Cowan)*
28. *When God Ran (Benny Hester)*
29. *Worlds Apart (Jars of Clay)*
30. *Worthy is the Lamb*
31. *You Are Here Before Us (Todd Sylvester)*

Gospel/African-American

32. *Behold Your God (Kenneth Louis)*
33. *Give us this Day (Edwin Hawkins)*
34. *Holy is the Lamb (Stephen Hurd)*

35. *Jesus Is Here Right Now (Leon Roberts)*
36. *Jesus, the Bread of Life (Grayson Brown)*
37. *Now Behold The Lamb (Kirk Franklin)*
38. *Taste and See (Kenneth Louis)*
39. *Taste and See (James Moore)*

Praise/Worship

40. *Agnus Dei (Michael W. Smith)*
41. *Blessed Be The Name (Matt Redman)*
42. *Breathe (Marie Barnett)*
43. *Come Into My Heart (Jim Cowan)*
44. *Draw Me Close (Kelly Carpenter)*
45. *Facedown (Matt Redman)*
46. *Freedom Reigns (Jason Upton)*
47. *God of Wonders (Caedmon's Call)*
48. *Heart of Worship (Matt Redman)*
49. *Here I Am To Worship (Tim Hughes)*
50. *Here With Me (Mercy Me)*
51. *Holy and Anointed One (John Barnett)*
52. *How Can You Say No?*
53. *Humble Thyself in the Sight of the Lord*
54. *Hungry (Kathryn Scott)*
55. *I Bow Down (Vicki Cook)*
56. *I Could Sing of Your Love Forever (Martin Smith)*
57. *I Exalt Thee*
58. *I Surrender*
59. *I'm Yours (Brian Butler)*
60. *More Precious Than Silver*
61. *My All in All (Dennis Jernigan)*
62. *Only You (Andy Park)*
63. *Song of a Servant (Robert Filoramo Jr.)*
64. *Step by Step (Rich Mullins)*
65. *We Fall Down (Chris Tomlin)*
66. *Word of God Speak (Mercy Me)*

EUCHARISTIC PRINT RESOURCES

1. As Morning Breaks and Evening Sets: Liturgical Prayer Services for Ordinary and Extraordinary Events in the Lives of Young People

By Tony Alonso, Laurie Delgatto, and Robert Feduccia

In stark contrast to the common belief that youth ministers require nothing less than a light show, smoke machine, and sweaty rock bands to reach teenagers' souls, more and more youth have actually been moving toward depth and quiet – and away from fluff and noise. Creeds, candles, silence, and ancient spiritual practices are all gaining understanding and popularity among young people, who are realizing that there are treasures in tradition. This book provides an introduction to the biblical form of prayer known as the Liturgy of the Hours – a rich and time-tested way for Christians to pray with the whole community of faith, using the source of its hope, the inspired Scriptures. This type of prayer immerses believers in the poetic word of God found in the Psalms, scriptural canticles, and scriptural readings. This book contains fifteen prayer experiences that can be adapted for use in Eucharistic Adoration. It is a book of simple yet profound prayer experiences that speak to the everyday moments in the lives of young people. Here young people will participate in the venerable practice of using the Scriptures to offer praise, thanksgiving, and intercession.

136 pages, paperback, \$19.95. Copyright 2004 by Saint Mary's Press, Christian Brothers Publications, 702 Terrace Heights, Winona, MN 55987-1318, (800) 533-8095, www.smp.org

2. General Instruction on the Roman Missal

By The Congregation for Divine Worship and the Discipline of the Sacraments

This revision of the *General Instruction of the Roman Missal* (GIRM) promotes more conscious, active, and full participation of the faithful in the mystery of the Eucharist. This book is part of the third edition of the *Misale Romanum* (*Roman Missal*) published in Latin in 2001. Divided into nine chapters, the GIRM starts with an introduction giving the theological and spiritual context for the chapters that follow, focusing on the Eucharist's central place in the life of faith. The remaining chapters explain the duties and functions of the ministers and people of God; give insights into the specific elements of the Liturgy of the Word and Liturgy of the Eucharist and how each is to be ritually performed; and highlight the roles of song, posture, and movement. The latter chapters focus on the celebration of Mass with various numbers and types of presiders, arrangement and furnishings of churches, requirements for the celebration of Mass, Masses for specific circumstances, and adaptations.

156 pages, softcover, \$12.95. Copyright 2003 from USCCB Publishing, 3211 Fourth Street NE, Washington, DC 20017-1194, (800) 235-8722, www.usccb.org

3. Holy Communion and Worship of the Eucharist Outside Mass

Published by authority of the Bishops' Committee on the Liturgy, National Conference of Catholic Bishops

This is the official rite book for Holy Communion and worship of the Eucharist outside Mass.

Copyright 1976 by Catholic Book Publishing Co., NY. Available by ordering from the Catholic Book Store, 8039 Fig Street, New Orleans, (504) 861-7504 or Church Supply House, 3605 Division Street, Metairie, (504) 456-0663.

4. Instruction on the Eucharist (Redemptionis Sacramentum): On Certain Matters to Be Observed or to Be Avoided Regarding the Most Holy Eucharist

Text from the Congregation for Divine Worship and the Discipline of the Sacraments

The Eucharist 'is too great a gift to tolerate ambiguity or deprecation.' It is therefore necessary that some things be corrected or more clearly delineated so that in this respect as well 'the Eucharist will continue to shine forth in all its radiant mystery.' (Par. 8) Covers the proper celebration of the Mass, proper distribution of Holy Communion, rules for exposition and adoration, and much more.

66 pages, softcover, \$9.95. Copyright 2004 from USCCB Publishing, 3211 Fourth Street NE, Washington, DC 20017-1194, (800) 235-8722, www.usccb.org

5. Introduction to the Order of the Mass: A Pastoral Resource of the Bishops' Committee on the Liturgy

Developed as a resource by the Bishops' Committee on the Liturgy of the United States Conference of Catholic Bishops (USCCB)

For pastoral musicians, liturgy committee members, and those interested in a deeper understanding of the Mass. *Introduction to the Order of Mass* looks at the ministers, symbols, and rites of the Mass and offers specific suggestions on how to enrich the participation of the faithful.

133 pages, softcover, \$9.95. Copyright 2003, International Committee on English in the Liturgy, Inc. Available from USCCB Publishing, 3211 Fourth Street NE, Washington, DC 20017-1194, (800) 235-8722, www.usccb.org

6. Magnificat

An annual subscription of Magnificat promises fourteen issues one a month with a special issue for Holy Week and Christmas – filled with spiritual insight, exquisite art, and invaluable inspiration. Discover the most beautiful prayers, readings, and hymns of the Church in this lavishly printed, easy-to-read, pocket-sized worship aid. Magnificat provides a fitting way to enter fully into the Church’s liturgical rhythms and spiritual legacy. Contains readings for liturgy of the day.

1 year: 14 issues - \$39.95. Subscriptions available from Magnificat, P.O. Box 1040, Getzville, NY 14068-5040. (866) 273-5215 or (716) 270-7100 or www.magnificat.net

7. Mane Nobiscum, Domine (Remain With Us, Lord)

By John Paul II

The Holy Father’s Apostolic Letter on the Year of the Eucharist. Issued on October 8, 2004. To mark the opening of the Year of the Eucharist, John Paul II has written a special letter to the faithful explaining his hopes and desires for this commemorative year.

16 pages, magazine format, 1-\$2.00, 10-\$12.00, 25-\$25.00, 100-\$85.00. Available from St. Martin de Porres Lay Dominican Community, New Hope Publications, 3050 Gap Knob Road, New Hope, Kentucky 40052, (270) 325-3062

(Also available online:

http://www.vatican.va/holy_father/john_paul_ii/apost_letters/documents/hf_jp-ii_apl_20041008_mane-nobiscum-domine_en.html)

8. On the Eucharist (Ecclesia de Eucharistia)

By John Paul II

In his newest encyclical, Pope John Paul II stresses the central importance of Eucharist as the heart of the Church. He focuses on the paschal mystery of Christ’s death and Resurrection and the effects of the sacrament to lay the groundwork for the remaining chapters. In the final chapter, Pope John Paul II turns his attention to Mary, “Woman of the Eucharist” and identifies her as a model of Eucharistic faith.

68 pages, softcover, \$6.95. Copyright 2003 from USCCB Publishing, 3211 Fourth Street NE, Washington, DC 20017-1194, (800) 235-8722, www.usccb.org

9. Order for the Solemn Exposition of the Holy Eucharist

Published by authority of the Bishops' Committee on the Liturgy, National Conference of Catholic Bishops

This book contains a collection of rites and texts for use during the Solemn Exposition of the Holy Eucharist. It is so arranged that it may be used for a period lasting one or several days according to local custom or pastoral need. The Introduction provides a brief historical overview of the practice of the Forty Hours Devotion, as well as theological treatment of Eucharistic exposition and adoration. In order to provide periods for liturgical prayer during the period of exposition, three types of services are provided: The Liturgy of the Hours during the Period of Exposition, Eucharistic Services of Prayer and Praise, and Celebration of the Eucharist during the Period of Exposition. Two forms for the Closing Celebration for the Solemn Exposition of the Holy Eucharist are also included as well as appendices providing a listing of suggested Scripture readings for use in each of the celebrations, some optional litanies and prayers, and music resources.

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10. The Real Presence of Jesus Christ in the Sacrament of the Eucharist

A statement of the U.S. Catholic bishops

Clear, simple format answers the 15 most frequent questions about the real presence of Jesus Christ in the Eucharist. Questions cover such topics as Eucharist as a sacrificial meal, transubstantiation, the role of the Holy Spirit, signs of reverence, Christ's presence outside the Blessed Sacrament, and the Mystical Body of Christ.

20 pages, 1-9 copies, \$2.50 each, 10-24 copies, \$2.00 each, 25+ copies, \$1.50 each. Copyright 2001 from USCCB Publishing, 3211 Fourth Street NE, Washington, DC 20017-1194, (800) 235-8722, www.usccb.org

11. Thirty-One Questions on Adoration of the Blessed Sacrament

A resource of the Bishop's Committee on the Liturgy

This clear and simple booklet answers 31 questions on Adoration of the Blessed Sacrament. Appendices include excerpts from *Instruction on the Eucharist (Redemptionis Sacramentus)* and *Holy Communion and Worship of the Eucharist Outside Mass*, including the Rite of Eucharistic Exposition and Benediction Exposition.

41 pages, softcover, \$4.95. Copyright 2004 from USCCB Publishing, 3211 Fourth Street NE, Washington, DC 20017-1194, (800) 235-8722, www.usccb.org